

understanding Marriage Preparation

A successful marriage is much more than just finding the right person—it is *being* the right person.

At Samaritan Counseling Center, we realize it takes more than passion to have a rich, fulfilling life together with the person you love. It takes patience, commitment, and compassion—and we are here to help.

Prepare/Enrich®

Prepare/Enrich is a proven method that identifies a couple's strength and growth areas based on input provided by the couple through an online inventory. The inventory is completed privately, at the convenience of the couple, allowing them to respond thoughtfully without consuming valuable counseling time. Based on the results of this assessment, the therapist provides feedback to help the couple discuss and understand their results as they are taught proven relationship skills. The program specifically addresses:

- Exploration of strength and growth areas
- Strengthening of communication skills
- Identifying and managing major stressors
- Resolution of conflict
- Development of a more balanced relationship
- Exploration of family of origin issues
- Discussion of financial planning and budgeting
- Establishment of personal, couple, and family goals
- Understanding and appreciation of personality differences



In addition to the standard session fees, there is also a \$30 fee for the Prepare/Enrich Inventory

The Marriage Preparation program makes the most of pre-marriage counseling time by utilizing Prepare/Enrich®, a comprehensive couples assessment tool, to jumpstart the process.

Our program generally consists of three sessions during which the therapist and couple will discuss the Prepare/Enrich® inventory and how the results can help them strengthen their relationship. Additional sessions may always be scheduled at the discretion of the couple.

We want clients to get the most from their report, so results of the sessions can then be shared with clergy members if the couple wishes to do so.

How we help:

Our trained and licensed professionals care. We offer hope by affirming the needs of the whole person — body, mind, *and* spirit. Inherent to this philosophy is a respect for your faith and values, and your decision whether or not to incorporate these into treatment.

When you schedule an appointment with a trained Marriage Preparation therapist, we will perform an initial assessment and find the best fit for you.